



## Alleluia Christ is Risen Alleluia, Alleluia, Alleluia



### **On The Third Day He Rose Again!**

Tell us, Mary, what did you see that early morning on your way?

“I saw the glory of Christ, now risen,

Angels who gave witness.

I saw the cloths that covered his head and body.  
I heard him speak my name and turning, saw he was alive.

At daybreak I came weeping to the garden for the one I lost. But now, the Sun risen, it was paradise, and I, a new Eve, had news of life for all the living.”

### **Anima Christi**

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Thy wounds hide me.

Suffer me not to be separated from Thee.

From the malignant enemy, defend me.

In the hour of my death, call me.

And bid me come to Thee.

That with Thy saints I may praise Thee.

Forever and ever. Amen.

### **St. Michael Defend Us!**

St. Michael the archangel, defend us in battle. Be our protector against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.  
Amen.

### **Chaplet of Divine Mercy**

Begin with:

**Our Father . . . , Hail Mary . . . ,  
The Apostles Creed.**

Then, on the OUR FATHER BEADS say the following words:

***Eternal Father, I offer you the Body and Blood , Soul and Divinity of your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.***

On the HAIL MARY BEADS say the following words.

***For the sake of His sorrowful Passion, have mercy on us and of the whole world.***

In conclusion, THREE TIMES recite these words:

***Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and the whole world.***

### **Canticle of Mary**

*The soul rejoices in the Lord*

My soul proclaims the greatness of the Lord,  
My spirit rejoices in God my Savior  
For he has looked with favor on his lowly servant.

From this day all generations will call me blessed: The Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him in every generation.

He has shown the strength of his arm, he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, and has lifted up the lowly.

He has filled the hungry with good things, and the rich he has sent away empty.

He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children for ever.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen (Lk. 1:46-55)

## The Angelus

V: The Angel of the Lord declared unto Mary.  
**R: And she conceived of the Holy Spirit.**  
(Hail Mary)

V: Behold the handmaid of the Lord.  
**R: May it be done unto me according to Your Word.**  
(Hail Mary)

V: And the Word was made Flesh. (*Bow slightly here*)  
**R: And dwelt among us.**  
(Hail Mary)

V: Pray for us O Holy Mother of God  
**R: That we may be made worthy of the promises of Christ**

*Let us pray:* Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His resurrection, through the same Christ, our Lord. Amen

### Hail

**Holy Queen**, Mother of Mercy, our life, our sweetness, and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears; turn, then, most gracious Advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V: Pray for us O Holy Mother of God.  
**R: That we may be made worthy of the promises of Christ.**

**O my Jesus**, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of thy mercy.



## The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

## Prayer to be Freed of the Seven Deadly Sins

O meek Savior and Prince of Peace, implant in me the virtues of gentleness and patience. Let me curb the fury of **Anger** and restrain all resentment and impatience so as to overcome evil with good, attain your peace, and rejoice in your love.

O Model of humility, divest me of all **pride** and **arrogance**. Let me acknowledge my weakness and sinfulness, so that I may bear mockery and contempt for your sake and esteem myself as lowly in your sight.

O teacher of abstinence, help me to serve you rather than our appetites. Keep me from **gluttony** the inordinate love of food and drink and let me hunger and thirst for your justice.

O lover of purity, remove all **lust** from my heart, so that I may serve you with a pure mind and a chaste body.

O father of the poor, help me to avoid all **covetousness** for earthly goods and give me a love for heavenly things. Inspire me to give to the needy, just as you gave your life that I might inherit eternal treasures.

O exemplar of love, keep me from all **envy** and ill-will. Let the grace of your love dwell in me that I may rejoice in the happiness of others and bewail their adversities.

O zealous Lover of souls, keep me from all **sloth** of mind or body. Inspire me with zeal for your glory,

*Legion of Mary*  
**St. John the Baptist Catholic Church Beloit, Kansas**

