



**Legion of Mary**  
**St. John the Baptist Catholic Church Beloit, Kansas**  
**Lenten Season**

### **Prayer before the Crucifix**

Look down upon me good and gentle Jesus, while before Thy Face I humbly kneel and with burning soul pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment, while I contemplate with great love and tender pity, Thy Five Most Precious Wounds, pondering over them within me and calling to mind the words which David Thy prophet said of Thee my Jesus, "They have pierced My Hands and My Feet, they have numbered all My Bones."

### **Anima Christi**

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Thy wounds hide me.

Suffer me not to be separated from Thee.

From the malignant enemy, defend me.

In the hour of my death, call me.

And bid me come to Thee.

That with Thy saints I may praise Thee.

Forever and ever. Amen.

*An indulgence of 300 days. An indulgence of 7 years, if recited after Holy Communion.-St. Ignatius Loyola*

### **St. Michael Defend Us!**

St. Michael the archangel, defend us in battle. Be our protector against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

### **The Chaplet of Divine Mercy**

Begin with:

**Our Father . . . , Hail Mary . . . ,**

**The Apostles Creed.**

*Then, on the OUR FATHER BEADS you will say the following words:*

***Eternal Father, I offer you the Body and Blood, Soul and Divinity of your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.***

On the HAIL MARY BEADS you will say the following words.

***For the sake of His sorrowful Passion, have mercy on us and on the whole world.***

In conclusion, THREE TIMES you will recite these words:

***Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.***

### **The Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

### **Prayer to the Blessed Virgin**

Mary My Queen, my mother, I give myself entirely to you, and to show my devotion to you, I consecrate to you this day, my eyes, my ears, my mouth, my heart, my whole being without reserve. Wherefore good Mother as I am thine own, keep me guard me, as thy property and possession. Amen

### **End of Adoration**

May the Heart of Jesus in the Most Blessed Sacrament be praised, adored, and loved with grateful affection at every moment in all the tabernacles of the world, even until the end of time. Amen

## The Angelus

V: The Angel of the Lord declared unto Mary.

**R: And she conceived of the Holy Spirit.**

*(Hail Mary)*

V: Behold the handmaid of the Lord.

**R: May it be done unto me according to Your Word.**

*(Hail Mary)*

V: And the Word was made Flesh. *(Bow slightly here)*

**R: And dwelt among us.**

*(Hail Mary)*

V: Pray for us O Holy Mother of God

**R: That we may be made worthy of the promises of Christ**

*Let us pray:* Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His resurrection, through the same Christ, our Lord. Amen

**Hail Holy Queen,** Mother of Mercy, our life, our sweetness, and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears; turn, then, most gracious Advocate,

thine eyes of mercy

toward us,

and after

this, our

exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

*V: Pray for us O Holy Mother of God.*

**R: That we may be made worthy of the promises of Christ.**

**O my Jesus,** forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of thy mercy.



## My Prayer

*Lord, thank You for another day*

*Within this life of mine,*

*Give me the strength to live it well,*

*Whatever I may find.*

*Bestow from Your abundance*

*Whatever I may lack.*

*To use the hours wisely,*

*For I cannot have them back.*

*Lord, thank You for another day,*

*In which to make amends*

*For little slights or petty words,*

*Inflicted on my friends.*

*For sometimes losing patience*

*With problems that I find.*

*For seeing faults in other lives,*

*But not the ones in mine.*

*Lord, thank you for another chance,*

*In which to try to be*

*A little more deserving*

*Of the gifts You've given me.*

*For yesterday is over,*

*And tomorrow's far away,*

*And I remain committed*

*To the good I do today!*

*Amen*

Lord,

Wherever you go, I want to go.

I want to live where you live.

May your people be my people

and your God my God.

Invite me day by day to go with you,

and help me to respond with a loving heart.

—Ruth and Naomi



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